



**POST OPERATIVE INSTRUCTIONS
FOR PATIENTS UNDERGOING SKIN SURGERY**

- 1) Leave dressing in place for 24 - 48 hours and try not get it wet during this time
- 2) Thereafter (after 48 hours) wash area with soap and water and apply Vaseline or aquaphor and cover with band-aid daily
- 3) If any bleeding occurs, apply constant pressure to the wound for 10 minutes without stopping. If this does not stop the bleeding, call our office number, (703) 726-0070. If you do not get a call back from us within 10 minutes, go to the Hospital ER and/or nearest hospital
- 4) Do not bend over or do any heavy lifting/exercise.
- 5) Patients with surgery on the lips and cheeks should eat foods of soft consistency in the initial post-operative period
- 6) If you have pain, do not take aspirin and/or aspirin containing medications. Use Tylenol instead every 4-6 hours if necessary.
- 7) If any severe swelling, redness, pain and/or fever occur please call: **703-726-0070**
- 8) Appointment for follow-up and suture removal will be on _____